

Project Completion Report

2024 - 2025

Development of Model Aanganwadi Center and Sensitization on Health & Hygiene among Pregnant & Lactating Mothers

Location of Project

Block Karwi & Pahadi of the District
Chitrakoot U.P.



Project Executed Under Banner of
Container Corporation
of India Limited, New Delhi



Implementing Agency
Vishwas Sansthan
Raebareli U.P.

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About Organization



Vishwas Sansthan, the implementing agency, was established in the year 1996-1997 as a society incorporated under the Indian Societies Registration Act 1860 vide registration No. 3306-1998-99 granted by Registrar of Societies, Firms & Chits, Lucknow. This registration was being renewed from time to time and the current validity is up to 26th March, 2029. It is being managed by a dedicated team of social activists and volunteers to meet the socio-economic developmental needs of the deprived and poorer sections of the society, particularly in rural areas. Ever since its inception it has been involved in carrying out various developmental programs most of which have been funded by various departments of the government both at the Centre and the State as well as CSR & International funding Agencies. The areas of developmental activities include programs for women and child welfare, training and employment oriented programs for women and youths with emphasis on minorities and backward castes, health care, education, livelihood, cottage, skill development and handicraft development, programs for sustainable agriculture, water and sanitation. Apart from this, the activities of the organization also include research studies, evaluations, capacity building trainings, and organizing seminars, campaigns for holistic development of rural areas, non-formal education to school dropouts and non-school going children and also well management of drinking water and its resources, and conservation of environment.

Major Ongoing/Completed Work:

- Health & Education Project Supported By Oil & Natural Gas Corporation Limited New Delhi
- SFURTI Project-(Wooden Craft) Supported by MSME Ministry, Govt. of India
- Goat-Based Livelihood Project Supported by Sir Dorabji TATA Trust, Mumbai
- 1000 Solar Street Light Project Supported by State Bank of India
- Village Holistic Development Program, Supported by Birla Corporation Limited
- Farmers Club Project Supported By NABARD, Lucknow
- Cluster Development Program on Sewing & Stitching with more than 500 Women
- Goat Bank and Artificial Insemination Project Supported By NABARD



VISION AND MISSION

VISION

We are committed to create strong and independent society without inequalities and discrimination, and where everybody enjoys equal opportunities.

MISSION

To Foster Democratic & Equitable Living Environment, Where all Vulnerable people specially underprivileged, women and Children have to access to Education, Health, Sustainable Livelihood opportunity and essential infrastructure services irrespective of their economic and social status.

OUR TEAM

MR. BIPIN BAJPAI- PROJECT DIRECTOR

MR. BIKAS KUMAR- PROJECT COORDINATOR

MR. OM PRAKASH GUPTA- SUPERVISOR

MR. RAGHAVENDRA VISHWAKARMA- MIS CUM ACCOUNT

MISS. MONIKA AWASTHI- SUPPORTING STAFF



ABOUT PROJECT

VISHWAS SANSTHAN has been in the target area from many years. It is now felt that Child Development program to be continued through local community-based organizations. This will facilitate in strengthening community participation and higher level of acceptance of Child Development and basic health care services. Continuation of child development & health care is the primary step towards sustainability of community health & Education.

Community level interventions like awareness generation camps in AWC's, schools & communities, mobile eye check-up, ANC/PNC, blood donation camps, income generation activities, distribution of MCR shoes and spectacles, operation of decentralized medical clinics, yoga practices for keeping body fit etc. will help to identify the new cases, abolish social stigma, eradicate leprosy, reduction of prevalence rate etc. sustain the outcomes of the project as well as ensured the community participation in the development field. Satisfying the services delivered to the beneficiaries, the community people and local self-government will take over the responsibilities. Locally available need based basic health care facilities will improve the health status of the rural community, minimize the travel cost, distance, and physical strain and man days.

It is meant for organizations working for the welfare of women and children and wishing to physically upgrade Anganwadis. This includes non-profit organizations, Corporate Social Responsibility (CSR) foundations, and Government Departments.

The ICDS Scheme was launched with the objectives (i) to improve the nutritional and health status of children in the age-group 0-6 years; (ii) to lay the foundation for proper psychological, physical and social development of the child; (iii) to reduce the incidence of mortality, morbidity, malnutrition and school dropout; (iv) to achieve effective co-ordination of policy and implementation amongst the various departments to promote child development; and (v) to enhance the capability of the mother to look after the normal health and nutritional needs of the child through proper nutrition and health education.

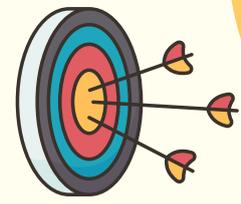
MAJOR ACTIVITIES

- 1. Renovation of Anganwadi Building (Construction Work & Boundary Wall), Electrification of the AWC's like lighting, Fan, Air Conditioner, TV, Music System, Installation of Solar Powered Plant, and Grills & ventilated Window for air passing.*
- 2. Construction of Child Friendly Toilets*
- 3. Child Friendly Painting, Designing, Slogan writing.*
- 4. To provide Desk, Chair, Air mattress, Dining Plate, TLM Kit, Toys and other joyful material for Children.*
- 5. Arrangement of Safe Drinking Water.*
- 6. Conduction of Health Camps & Distribution of Nutrition kits to Pregnant & Lactating Mothers.*
- 7. Monitoring & Evaluation*





Major Challenges



- 1- Lack of awareness for Education.
- 2- Lack of awareness in Health front.
- 3- Less Income Resources.
- 4- Less Engagement of Community in social activities.
- 5- Education Level of Community

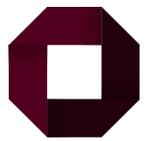


Aims & Objectives of the Project

1. Create attraction in Parents as well as in children's Towards Anganwadi Center.
2. Develop these Anganwadi Centres as model Centre.
3. Improve the nutritional and health status of children in the age-group 0-6 years
4. Lay the foundation for proper psychological, physical and social development of the child.
5. Reduce the incidence of mortality, morbidity, malnutrition and school dropout.
6. Achieve effective co-ordination of policy and implementation amongst the various departments to promote child development.
7. Enhance the capability of the mother to look after the normal health and nutritional needs of the child through C.B. Training on nutrition and health education.



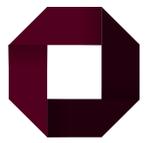
CONSTRUCTION OF TOILETS FOR CHILDREN/WOMEN/PHYSICALLY DISABLED



Under the project, construction work of child friendly toilets for handicapped children and women was also done in every Anganwadi Centre, in which works like wiring, tiling, electrification etc. were done for water supply from the tank.



Renovation of Anganwadi Centre



Before starting the project, a survey of the selected Anganwadi Centres was conducted again, and these centres were found to be very dilapidated. Therefore, renovation work was done by repairing and plastering the dilapidated walls of both these centres.



Renovation of Anganwadi Centre



Painting work of Anganwadi Centre



PROJECT NAME-DEVELOPMENT OF "MODEL ANGANWADI CENTER" AND IMPLEMENTATION OF "HEALTH AND HYGIENE PROMOTION AND IMPROVING PROJECT"

SPONSORED BY: CONTINER CORPORATION OF INDIA LIMITED, NEW DELHI

ORGANIZED BY: VIJAYAS SHASTRI, BHARUJI

LIST OF MATERIAL PROVIDED TO ANGANWADI CENTER UNDER THE PROJECT

NAME OF ANGANWADI CENTER: GAUN BIRDA, DISTRICT: CHITRAKOOT

| SI | NAME OF ACTIVITY | UNITS AS PER FOR. | SI | NAME OF ACTIVITY | UNITS AS PER FOR. | SI | NAME OF ACTIVITY | UNITS AS PER FOR. |
|----|--------------------------------------|-------------------|----|-------------------|-------------------|----|------------------|-------------------|
| 1- | CONSTRUCTION WORK | 180 | 12 | ELECTRICAL WIRING | 100 | 3 | WATER TAP | 100 |
| A- | CONSTRUCTION OF BOUNDARY WALL | 180 | 13 | SANITY TV | 100 | 4 | SHADE APPARATUS | 100 |
| B- | CONSTRUCTION OF WASHROOM / TOILETS | 180 | 14 | MUSIC DECK | 100 | 5 | SHADE | 100 |
| C- | REPAIRING / REFURBISHMENT WORK | 180 | 15 | ARK SHOWERING | 100 | 6 | WATER SHOWER | 100 |
| D- | FLOORING & TILES | 180 | 16 | TOILET & BATHROOM | 100 | 7 | TOILET SHOWER | 100 |
| E- | FABRICATION WORK GATE | 180 | 17 | WATER SHOWER | 100 | 8 | TOILET SHOWER | 100 |
| F- | SANITARY WORK MIRING COMMODE | 180 | 18 | TOILET SHOWER | 100 | 9 | TOILET SHOWER | 100 |
| G- | PAINTING WORK INTERIOR & WINDOWS | 180 | 19 | TOILET SHOWER | 100 | 10 | TOILET SHOWER | 100 |
| H- | ELECTRIFICATION MIRING FAN LIGHT ETC | 180 | 20 | TOILET SHOWER | 100 | 11 | TOILET SHOWER | 100 |
| I- | SOLAR SYSTEMS 35 A.V.R 5.4 BATTERY | 180 | 21 | TOILET SHOWER | 100 | 12 | TOILET SHOWER | 100 |
| J- | BORE WELL & WATER DRINKING UNIT | 180 | 22 | TOILET SHOWER | 100 | 13 | TOILET SHOWER | 100 |
| K- | ROOF PROTECTION & PREVENTION | 180 | 23 | TOILET SHOWER | 100 | 14 | TOILET SHOWER | 100 |
| L- | INFRASTRUCTURAL SUPPORT | 180 | 24 | TOILET SHOWER | 100 | 15 | TOILET SHOWER | 100 |
| M- | ARK MATTRESS | 180 | 25 | TOILET SHOWER | 100 | 16 | TOILET SHOWER | 100 |
| N- | COVER SHEET | 180 | 26 | TOILET SHOWER | 100 | 17 | TOILET SHOWER | 100 |
| O- | CARPET FOR MOTHERS | 180 | 27 | TOILET SHOWER | 100 | 18 | TOILET SHOWER | 100 |
| P- | FEEDING PATE | 180 | 28 | TOILET SHOWER | 100 | 19 | TOILET SHOWER | 100 |
| Q- | GLASSES FOR WATER | 180 | 29 | TOILET SHOWER | 100 | 20 | TOILET SHOWER | 100 |
| R- | SALTEX LANGUAND SCAR FOR INFANTS | 180 | 30 | TOILET SHOWER | 100 | 21 | TOILET SHOWER | 100 |
| S- | SHOWER AND RACKS | 180 | 31 | TOILET SHOWER | 100 | 22 | TOILET SHOWER | 100 |
| T- | WASHING MACHINE FOR ADULTS | 180 | 32 | TOILET SHOWER | 100 | 23 | TOILET SHOWER | 100 |
| U- | STADIOMETER | 180 | 33 | TOILET SHOWER | 100 | 24 | TOILET SHOWER | 100 |
| V- | BLACK/GREEN BOARD | 180 | 34 | TOILET SHOWER | 100 | 25 | TOILET SHOWER | 100 |
| W- | DOOR MATTRESS | 180 | 35 | TOILET SHOWER | 100 | 26 | TOILET SHOWER | 100 |

कार्यवाही संस्था- विरवास संस्थान रायबरेली





Flooring and Tiling work



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In each selected Anganwadi centre, the dilapidated floor was removed, cleaned and then levelled. Thereafter, tiling work was done in the hall, kitchen, store room and verandah of the Anganwadi centre as per the water level.



Electrification work



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PROCUREMENT & INSTALLATION OF SOLAR SYSTEM

Chitrakoot is a very backward district, there are frequent power cuts here, which disrupts the meetings and studies of children during summers. In this sequence, a solar panel of 3.5 kW capacity and a power station of 4 battery capacity were installed in both the selected Anganwadi centres. So that the centre can get continuous power supply.



PROCUREMENT & INSTALLATION OF ELECTRICAL EQUIPMENTS

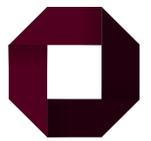
IN ORDER TO PROVIDE AN EDUCATIONAL ENVIRONMENT TO THE CHILDREN, AS PER THE PROJECT, AN AIR CONDITIONER, A SMART TELEVISION AND A MUSIC SYSTEM WERE PROVIDED IN THE CLASSROOM OF EACH CENTRE. THESE FACILITIES PROVIDED A GOOD OPPORTUNITY TO THE CHILDREN TO LEARN WHILE PLAYING.



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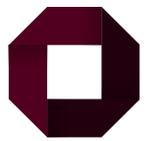
PROCUREMENT OF FURNITURE & FIXTURES



In each selected center, children were provided with suitable and attractive furniture, and chairs, tables, and cupboards were provided to Anganwadi workers and assistants. In the same sequence, green boards were also constructed on the inner walls of the Anganwadi center so that children could learn by making sketches on the walls.



PROVIDING INFRASTRUCTURAL SUPPORT TO AWC



- Under this, mattresses, mats, food plates, glasses, weighing machines, cupboards for keeping books, blackboards, door mats, stadiometers etc. were provided to Anganwadi centers for children. This material is very useful for children's play and health.



Interior Decoration of AWC

Under this activity, different types of educational charts, photo frames such as diet chart, growth chart, nutrition chart, photos of President of India, Prime Minister, Subhash Chandra Bose etc. were made available in each selected centre. Through this, children will be able to learn and know about the great personalities of India.



Procurement of Indoor & Outdoor Gaming Tools



In order to provide indoor and outdoor gaming tools in every Anganwadi center, various types of indoor games such as number mats, abacus, puzzles, cube games, soft toys, balls etc. and under outdoor games swings, football, toy cars etc. were made available to the centres.

PROCUREMENT OF BOOKS, KIT & STATIONERY FOR KIDS

In order to provide the children with a modern education system as per the present times, the Organization provided picture books, sketchbooks, practice books, pencil boxes as well as a kit containing dresses, shoes, socks, and towels to each child under the project.



ARRANGEMENT OF SAFE DRINKING WATER

For the availability of pure drinking water for women and children in Anganwadi Centre, arrangement of pure drinking water was made by boring a submersible pump in the premises of the centre.



Repair of the roof and its safety related works-



The roof of the centre had become old due to which after its repair work etc., the roof was strengthened by applying chemical and cement solution on the roof using the mudfuska method, after which the work of tiling was also done on the roof.

Conduction of Health Checkup Camps on Health & Hygiene

A mega health camp was organized in every selected Anganwadi centre for pregnant women, lactating mothers, adolescents, children and the general public in which free medicines were distributed to the people after checking blood, blood pressure, weight etc. Public Representatives, officers and dignitaries of the area were present in this health camp.



Distribution of Nutrition Kits to Pregnant & Lactating Mothers-

For the proper nutrition of pregnant women, lactating mothers and adolescents who are anaemic, a nutrition kit was distributed. The nutrition kit contained ghee, makhana, dates, pulses, peanuts etc. so that pregnant women, lactating mothers and adolescents could get the necessary nutrients.





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THANK YOU FOR YOUR ATTENTION

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