

COMPLETION/PROGRESS REPORT

1- Ref No: 2702/VS/Railtel/H&H/2025-26

Date: 13.10.2025

'Organizing "Health & Hygiene" Program & Distribution of Nutrition Kit to malnutrition Pregnant/Lactating Women's in Nearby Villages of Modern Rail Coach Factory, Lalganj, Raebareli District, Uttar Pradesh'



Period: 17 September 2024 to 16 September 2025

Funding agency:



**The Chairman & Managing Director/CSR Head,
Railtel Corporation of India Limited,
6th Floor, Plate-A, Office Block Tower-2,
East Kidwai Nagar,
New Delhi-110023**

NGO/Implementing Agency:



**Vishwas Sansthan
Bhagwant Kaur Colony,
Raebareli, 229001 (U.P.)**

2-	Address and contact details of assigned official of Implementing Agency. Mr. Bipin Bajpai Secretary/Managing Director Amareshpuri Colony, Kanpur Road, Raebareli U.P. 229001 Mo. No. 9415090705, E-mail: vishwasngo@gmail.com
3-	Executive Summary – Overview of the Project (200-300 words). <p>VISHWAS SANSTHAN has been in the target area from many years. It is now felt that community health program to be continued through local community- based organizations. This will facilitate in strengthening community participation and higher level of acceptance of basic health care services. Continuation of community health care is the primary step towards sustainability of community health.</p> <p>Community level interventions like awareness generation camps in schools & communities, mobile eye check-up, ANC/PNC, blood donation camps, income generation activities, distribution of MCR shoes and spectacles, operation of decentralized medical clinics, yoga practices for keeping body fit etc. will help to identify the new cases, abolish social stigma, eradicate leprosy, reduction of prevalence rate etc. sustain the outcomes of the project as well as ensured the community participation in the development field. Satisfying the services delivered to the beneficiaries, the community people and local self -government will take over the responsibilities. Locally available need based basic health care facilities will improve the health status of the rural community, minimize the travel cost, distance, and physical strain and man days.</p> <p>Women have always been marginalized and relegated to the status of subjugated class in the Indian society. Due to lack of specific implementation of plans, local communities especially women have remained outside the scope and benefits of government schemes and programmes.</p> <p>In Connection of conducting activities after sanction of this proposal a proper advertisement through poster banner, Leaflet, pumplets we will start a monthly meeting with Lactating mothers, Pregnant women, adolescent girls, anaemic women, and SAM/MAM Child with help of AW's Worker. In these monthly meeting we will target the Anaemic/SAM/MAM/ Pregnant women Beneficiary for Nutrition kit support. Further 1 health camp will be organized in every selected village nearby Modern Rail Coach Factory, Lalganj Raebareli accordingly approx 10 camps will be organized in 6 months. These camps will be on health check-up, health awareness, and their benefits. Distribution of Nutrition kit to Anaemic and Lactating mothers/Pregnant Women, Adolescent Girls, SAM/MAM Child will done during the health camp.</p>
4-	Scope of Work as per MoU signed: <ul style="list-style-type: none"> • Awareness Generation regarding Health Issue in the most backward villages of the District. • Nutritional Support to Most Needy Mothers & Adolescent Girls. • Certified doctors check-up approx. 4,000 vulnerable people who almost never had access to medical assistance. • Medical treatment will be given to the beneficiaries among whom a health issue have had been detected. • Awareness on health • Healthy habits will be advised • Children beneficiaries will be learning healthy habits to maintain their health and the

	next generations' health.
5-	Staff Employed for the Project, their qualification and remuneration being paid:
	Mr. Om Prakash Gupta Post- Project Co-ordinator Qualification- M.Com. & M.A. Remuneration Paid- Rs. 15000/Month
6-	Designated location/s of the project:
	Nearby Villages of Modern Rail Coach Factory, Lalganj, Raebareli District, Uttar Pradesh
7-	Date of Signing of MoU for the Project:
	17 th September 2024
8-	Date of Start of the Project:
	17 th September 2024
9-	Tentative/Actual date of completion of project:
	16 th September 2025
10-	Project Details – Comprehensive information about the project including goals/objectives, timeline and scope.
	<p>During project proper advertisement through poster banner, Leaflet, pumplets is being start and monthly meeting with Lactating mothers, Pregnant women, adolescent girls, anaemic women, and SAM/MAM Child with help of AW's Worker. In these monthly meeting we have targeted the Anaemic/SAM/MAM/ Pregnant women Beneficiary for Nutrition kit support. Further 1 health camp to be organized in every selected village nearby Modern Rail Coach Factory, Lalganj Raebareli accordingly approx 10 camps to be organized during the project. These camps to be on health check-up, health awareness, and their benefits. Distribution of Nutrition kit to Anaemic and Lactating mothers/Pregnant Women, Adolescent Girls. We are also providing TLM kits in AWC in each village.</p> <p>GOALS</p> <ul style="list-style-type: none"> • People especially Pregnant & Lactating women, Adolescent Girls will become more sensitive and aware about their health and we can do better service on Health Care and treatment together another facility. • Increased Health Seeking Behavior. • Better health status in the community. • Reduction in Anaemic Ratio. • Social awareness on socials stigmas and the misconceptions. • Reaching to the unreached and providing the chances to know things. • Positive impact on the family of health atmosphere. • Beneficiaries will become health conscious as they will increase health seeking behaviour. • Enhance the quality and acceptability of supplementary nutrition by the Pregnant and Lactating women. • Educational and psychological development of children through Advanced TLM Material <p>OBJECTIVES</p> <ul style="list-style-type: none"> • Raise awareness on the various aspects of preventive healthcare measures; • Educate the villagers on information to identify and prevent common diseases; • We are working for adolescent counselling and Health awareness to the Community. • Raise awareness on the nutritional needs of future mothers. • Identify Nutritional needs and Cure. • Promote overall good health of the local community. • Mental & Psychological Development of Child under 0-6 years age.

Timeline													
S.No.	Activities	Month											
		1	2	3	4	5	6	7	8	9	10	11	12
1-	Advertisement & Awareness Generation												
2-	Monthly Meeting with beneficiary women/Adolescent Girls at AW Centres												
3-	Free check-up Camp												
4-	Nutrition Kit Distribution												
5-	TLM Kit Distribution to AWC's												
11-	Implementation Process – Description of how the project was carried out, including timelines (monthly/quarterly):												
	<p>Awareness Generation & Advertisement- the organization has Distributed Leaflets & Pumphlets in the project villages. Wall writing has also done in appropriate places in the village.</p> <p>Inaugural Program- In the Inauguration of Project we have invited the officer and other staff of the modern Rail Coach Factory and Railtel Corporation of India Limited who has inaugurated the program as well as We invite District level Officers & Reputed people like: DPO, Pradhans, Teachers, Anganwadis, Asha etc.</p> <p>Meeting With Pregnant/Lactating Women, Adolescent Girls in Anganwadi Centres- Organization is conducting meeting with poor & Deprived Pregnant & Lactating mothers in Anganwadi Centres once in every month. Organization team has formed and strengthened existing Mothers Groups in the selected project area of with the objective of enhancing the Knowledge and skill on Maternal, child and Adolescents health. The Mothers Group addressed and builds the caregivers and individuals knowledge and actions on ANC, PNC, and Danger sign of pregnancy and new born, breast feeding Anaemia and diarrhea management at each household level. The Mother Groups members has been nurtured by holding regular group meeting and, organizing technical session on the topics such as ANC, PNC, KMC, Breast feeding, Immunization and Vitamin A, Anaemia, Deworming, ZINC and ORS ,MHM, Hand washing including hand washing steps, hand washing at critical times and addressing Non Communicable Disease.</p> <p>Selection of Beneficiaries- Beneficiaries have been targeted from small villages who don't know about health and hygiene or who do not have financial funds to get their health check-ups with any of the doctors.</p> <p>Conduction of Health Camp & Distribution of Nutrition Kit- We considering Four hours of opening, 2 medical specialties involved and it is estimated that for each medical camp, the maximum number of persons who can be correctly examined is 150 up to 200 per camp. We also distributed Nutrition kits to 20 Pregnant & Lactating mother and Adolescent girls in each village.</p> <p>Distribution of TLM a Kit- The Organisation has selected 10 AWC's centres. We provided all the required TLM/Charts and IEC materials for psychological & sustainable of children under age 0-6 years.</p>												
12-	Progress during previous periods/quarters (period wise since start of the project):												
	N/A												

13-	Progress during current period/quarter along with supporting bills/documents			
	<p>1- Advertisement & Awareness Generation has been completed during the project. Wall writing & distributed leaflet & Pamplets also has been completed.</p> <p>2- Monthly Meeting with beneficiary women/Adolescent Girls at AW Centres- Monthly meeting with Mothers group & Adolescent girls at Anganwadi centres(Budgeted & Non Budgeted) is currently going on in each month.</p> <p>3- Free check-up Camp- We have completed 10 Mega Health Check-up Camps upto 31.08.2025</p> <p>4- Nutrition Kit Distribution- We have distributed 600 Nutrition kits to Pregnant and Lactating mothers i.e. 60 Kits in each village (Total 10 Village)</p> <p>5- TLM Kit Distribution to AWC's- We have purchased 10 TLM kit for distribution in AWC & Distributed all TLM Kits. (Bill & Vouchers attached separately)</p>			
14-	Activities planned in coming month/quarter with dates and location and related contact person information			
	<i>We have competed the project</i>			
15-	Beneficiaries –			
	Beneficiaries will be targeted from small villages around 10 Km. radius of Modern Coach Factory Laganj. People who don't know about health and hygiene or who do not have financial funds to get their health check- ups with any of the doctors have been selected as project beneficiaries.			
16-	Outcomes and Impact			
	<p>1- People got aware regarding Health Issue in the project villages.</p> <p>2- Nutritional Support Provided to 200 Pregnant/Lactating Mothers & Adolescent Girls.</p> <p>3- Approx. 2,000 vulnerable people including SAM/MAM, Mothers who almost never had access to medical assistance have been checked up and provided medical assistance during mega Health Camp.</p> <p>4- Medical treatment have been given to the beneficiaries among whom a health issue have had been detected.</p> <p>5- Awareness on health has been created among the 6,000 beneficiaries.</p>			
17-	Funds Status:			
	<p>a) Total funds approved for the project : ₹ 19,80,000.00</p> <p>b) Funds received till date : ₹ 9,90,000.00</p> <p>c) Balance Funds to be paid by RailTel : ₹ 9,90,000.00</p>			
18-	Financial Report/Utilization Certificate – Detailed accounting of how the funds were used, including item wise breakdown of expenses. Following points may be used for reference purpose:			
	Expenditure	Upto 31.03.2025	Upto 16.09.2025	Total
	Free Health Check-up Camp			
	Account cum MIS	10,000.00	10,000.00	20,000.00
	Charges for Counsellor/Physio etc.	40,000.00	40,000.00	80,000.00
	Charges for Doctors	55,000.00	55,000.00	110,000.00
	Charges for Nurse/Pharmacist	30,000.00	30,000.00	60,000.00
	Contingency Charges	7,500.00	7,290.00	14790.00
	Expenditure on Medicine	78,292.00	71,962.00	150,254.00

	Place & Event Management	43,500.00	26,100.00	69,600.00
	Prescription Pad, Envelope, Refreshment	34,430.00	12,750.00	47,180.00
	Testing Equipment & Material	30,000.00	30,000.00	60,000.00
	Volunteers	12,500.00	12,500.00	25,000.00
	<u>Nutrition Kit Distribution</u>			
	Nutrition Kit	300,000.00	600,000.00	900,000.00
	Nutrition Kit Distribution Program	--	30,200.00	30,200.00
	Advertisement & Awareness Gen.	7,500.00	52,500.00	60,000.00
	Monthly Meeting with Beneficiaries	30,000.00	30,000.00	60,000.00
	TLM Kit Distribution	289,500.00	--	289,500.00
	Salary to Project Coordinator	60,000.00	30,000.00	90,000.00
	<u>Overhead Expenditures</u>			
	Bank Charges	302.09	90.47	392.56
	Office Rent	27,500.00	27,500.00	55,000.00
	Printing & Stationery	21,912.00	6,539.00	28,451.00
	Salary to Project Coordinator (Overhead)	--	45,000.00	45,000.00
	Travel & Conveyance	28,975.00	24,903.00	53,878.00
	TOTAL	11,06,911.09	11,42,334.47	22,49,245.56
	Total of Expenditure made:	₹ 22,56,560.56		
	Less: Sanctioned Amount for the Project	₹ 19,80,000.00		
	Organizational Contribution	₹ 2,69,245.56		
19-	Photos and Testimonials (photos with Branding of RailTel) –			
	Attached in the last page of this report			
20-	Date of Completion of Project : (write “in progress” if project is in progress)			
	31.08.2025			
21-	Undertaking that project has not been funded by any other agency: (Submit undertaking on letterhead duly signed by authorised signatory)			
	Attached Separately			
22-	Impact of CSR initiative on Beneficiaries- (Comparison between intended benefits at start of the project and actual benefits at the end of project)			
	Pre	Post		
	Generally people Not Awared about their Health Issues	People got awared regarding Health Issue in the project Village		
	Ignorance of Pregnant/Lactating Mother’s Nutrition	Nutritional Support to Most Needy Mothers & Adolescent Girls		
	High Anaemic Ratio	Reduction in Anaemic Ratio		
	Lack of TLM Kits in Aanganwadi Centers	Provided TLM Kits in AWC for Smooth Learning		
23-	Conclusion for Project			
	The direction of the project is primarily focusing towards achieving a sustainable stabilized healthy community in Villages Nearby Modern Rail Coach Factory of Raebareli District. The Meeting with Mother, Pregnant Women, Adolescent Girls, and their Capacity Building Comprise of Awareness, and Focus Group Discussions for women located in the particular community.			
24-	Any other detail considered, regarding project			
	Replication of the project with additional support for Adolescent girls will be very helpful to support poor & Marginalized community.			

Mother's Meeting in AWC



Mother's Meeting in AWC



Health Camp



Health Camp



Health Camp



Nutrition Kit Distribution



Nutrition Kit Distribution



TLM Kit Distribution Program



रेलटेल व विश्वास संस्थान द्वारा बृहद स्वास्थ्य शिविर का आयोजन

लखनऊ पथ/संवाददाता

विमल शुक्ला

रायबरेली। जनपद रायबरेली के मॉडर्न कोच फैक्ट्री रायबरेली के निकटस्थ गांव रणगांव में ग्राम सभा के सचिवालय में रेलटेल कॉरपोरेशन ऑफ इंडिया लिमिटेड, नई दिल्ली के सामाजिक उत्तरदायित्व के अर्न्तगत विश्वास संस्थान के सहयोग से जनपद रायबरेली में संचालित स्वास्थ्य एवं स्वच्छता जागरूकता कार्यक्रम के अर्न्तगत मेगा स्वास्थ्य शिविर का आयोजन किया गया। ग्राम प्रधान पवन कुमार कुशवाहा, चिकित्सकों तथा संस्थान सचिव द्वारा दीप प्रज्वलन कर कार्यक्रम का शुभारंभ किया गया। स्वास्थ्य शिविर में जनपद के प्रशिक्षित चिकित्सकों द्वारा रोगियों के स्वास्थ्य का परीक्षण कर ब्लड प्रेशर, शुगर, हीमोग्लोबिन एवं क्षय रोग की जांच तथा सभी रोगियों का उपचार करते हुए उन्हें निःशुल्क दवा भी वितरित की गई। क्षेत्र में व्यापक प्रचार-प्रसार के कारण कैंप के दौरान लोगों की काफी भीड़



रही। ग्राम प्रधान पवन कुमार कुशवाहा द्वारा बताया गया कि इस प्रकार के स्वास्थ्य शिविर का आयोजन लगातार होते रहना चाहिए जिससे कि क्षेत्र के गरीब व वंचित वर्ग के समुदाय को स्वास्थ्य सुविधाएं मिलती रहें। इस कार्यक्रम में उपस्थित

आम जन मानस को स्वास्थ्य लाभ प्राप्त हुआ। सभी ने संस्थान का धन्यवाद ज्ञापित किया तत्पश्चात कार्यक्रम का समापन किया गया। कार्यक्रम में संस्थान से विकास बाजपेई, मोनिका, क्षमा, राघवेंद्र, अनुज एवं मयंक आदि उपस्थित रहे।

Media Corner

रेलटेल व विश्वास संस्थान द्वारा बृहद स्वास्थ्य शिविर का आयोजन



अवधेश तिवारी । दबंग इंडिया

रायबरेली । जनपद रायबरेली के मार्टन कोच फैक्टरी रायबरेली के निकटस्थ गांव रणगांव में ग्राम सभा के सचिवालय में रेलटेल कॉरपोरेशन ऑफ इंडिया लिमिटेड, नई दिल्ली के सामाजिक उत्तरदायित्व के अन्तर्गत विश्वास संस्थान के सहयोग से जनपद रायबरेली में संचालित स्वास्थ्य एवं स्वच्छता जागरूकता कार्यक्रम के अन्तर्गत मेगा स्वास्थ्य शिविर का आयोजन किया गया । ग्राम प्रधान पवन कुमार कुशवाहा, चिकित्सकों तथा संस्थान सचिव द्वारा दीप प्रज्वलन कर कार्यक्रम का शुभारंभ किया गया । स्वास्थ्य शिविर में जनपद के प्रशिक्षित चिकित्सकों द्वारा रोगियों के स्वास्थ्य का परीक्षण कर ब्लड प्रेशर, शुगर,

हीमोग्लोबिन एवं क्षय रोग की जांच तथा सभी रोगियों का उपचार करते हुए उन्हें निःशुल्क दवा भी वितरित की गई । क्षेत्र में व्यापक प्रचार-प्रसार के कारण कैंप के दौरान लोगों की काफी भीड़ रही ।

ग्राम प्रधान पवन कुमार कुशवाहा द्वारा बताया गया कि इस प्रकार के स्वास्थ्य शिविर का आयोजन लगातार होते रहना चाहिए जिससे कि क्षेत्र के गरीब व वंचित वर्ग के समुदाय को स्वास्थ्य सुविधाएं मिलती रहें । इस कार्यक्रम में उपस्थित आम जन मानस को स्वास्थ्य लाभ प्राप्त हुआ । सभी ने संस्थान का धन्यवाद ज्ञापित किया तत्पश्चात कार्यक्रम का समापन किया गया । कार्यक्रम में संस्थान से विकास बाजपेई, मोनिका, क्षमा ,राघवेंद्र, अनुज एवं मयंक आदि उपस्थित रहे ।